

CHRONIC DISEASE CONNECTION

IMPROVING MARYLAND'S HEALTH BY
PREVENTING AND CONTROLLING CHRONIC DISEASE

Center Updates

Welcome New Staff to Chronic Disease's team

Visit our [website](#) for a complete staff listing.

News

Cognitive Health Webinar
[June 20, 2107](#)
3:00 – 4:00 p.m.

New **POWER to prevent**
and **POWER to manage**
diabetes ad materials
developed. [See here!](#)

National DPP
Coach Trainings
[June 27 & 28, 2017](#)
[\(Salisbury\)](#)
[July 18 & 19, 2017](#)
[\(Hanover\)](#)

[Walk Maryland Day](#)
October 4, 2017

Center Resources

[Maryland Arthritis Council
Newsletter](#)

[BRFSS Brief: Hypertension
in Maryland](#)

[Disability In Public Health](#)

[Diabetes Resources](#)

[Healthiest Maryland](#)

New State Advisory Council on Health and Wellness

The new State Advisory Council on Health and Wellness will take effect October 1, 2017. Its duties will include providing guidance on Statewide chronic disease prevention and control and the promotion of evidence-based programs for healthy lifestyles. The Council has 18 seats for members from the general public. Licensed healthcare providers, representatives of health insurers, representatives of the business sector as well as individuals with an interest in chronic disease, health and wellness, or physical fitness are encouraged to apply [here](#). Applications will be accepted from **June 7, 2017 through August 1, 2017**. Appointments will be announced October 1, 2017. Additional information can be found [here](#).

Disability Awareness and Support Program News

The Center for Chronic Disease Prevention and Control was recently awarded a five-year CDC-funded initiative to improve the health of people with mobility limitations and intellectual disabilities. During its first year, the Disability Awareness and Support Program has focused on capacity building and cultivating partnerships, which included the creation of a 25-member Disability Advisory Committee. Stay tuned for more updates!

[BeHealthyMaryland.org](#)
Visit the redesigned website!

[BeHealthyMaryland.org](#) is now a one-stop resource for Marylanders seeking information and support on chronic disease prevention and management. You'll find links to classes and workshops, as well as regularly updated chronic disease news bites.

Looking for Diabetes Prevention Program or Diabetes Self-Management Education classes? Click on the [Find a Class](#) link to access local classes or [Make a Referral](#) to make referrals. The Maryland Workshop Wizard is a tool to manage information about your programs. Contact [Sue Vaeth](#) for more information.

Diabetes Prevention Program Coach Training *Summer Sessions*

The CDC-led National Diabetes Prevention Program (National DPP) is an evidence-based lifestyle change program for preventing type 2 diabetes. Two coach training sessions will be offered this summer. To participate, you must be affiliated with an organization that has applied for the Diabetes Prevention Recognition Program. Apply for the June 27 and 28, 2017 training in Salisbury, MD [here](#) or the July 18 and 19, 2017 training in Hanover, MD [here](#).

Cognitive Health Webinar *June 20, 2017 - Register now!*

The Center for Chronic Disease Prevention and Control will be hosting a Cognitive Health Webinar on June 20, 2017 from 3:00 – 4:00 p.m. Using data from the 2015 Behavioral Risk Factor Surveillance System, the Webinar will examine the prevalence of cognitive decline in Marylanders, the relationship between cognitive health and chronic health conditions, and the population of caregivers and their needs in Maryland. Don't miss this! Register

[here](#).

Harriet Tubman Underground Railroad and State Park (Dorchester County)

Spotlight on Walking Promotion



In April, staff from the Center for Chronic Disease Prevention and Control visited the newly minted Harriet Tubman Underground Railroad State Park in Dorchester County. Center staff were joined by Dorchester County Health Department staff for a walk around the State Park and neighboring Blackwater Wildlife Refuge. Dorchester County Health Department, as a 1422 grantee, has been making great strides to promote walking with increased signage of trails throughout Dorchester County.

Healthy Parks, Healthy People Kick-off Event at Tuckahoe State Park (Caroline County)



Also in April, Healthy Parks, Healthy People held a kick-off event at Tuckahoe State Park in Caroline County. Attendees included Park Rangers, Health Department representatives, nursing students, Natural Resources staff

and Friends of the Park. Healthy Parks, Healthy People is a collaboration between the Maryland Departments of Natural Resources and Health and Mental Hygiene. Learn more [here](#).

Center for Chronic Disease Prevention and Control
410-767-5780 | dhmh.chronicdiseaseinfo@maryland.gov
201 W. Preston St, Room 306, Baltimore, MD 21201

[Center website](#) | [Join our mailing list](#)